

Roll Number

SET A



INDIAN SCHOOL MUSCAT
SECOND PRE - BOARD EXAMINATION
HOME SCIENCE (064)

CLASS: X

TERM 2

Time Allotted: 2 hours.

19.04.2022

Max. Marks: 35

GENERAL INSTRUCTIONS

1. All questions are compulsory.
2. There is total 13 questions.
3. Question paper is divided into three sections-A, B and C.
4. Section A has question nos. 1 to 7 of 2 marks each.
5. Section B has question nos. 8 to 10 of 3 marks each.
6. Section C has question nos. 11 to 13 of 4 marks each.
7. There are internal choices in some questions.

Q. No	SECTION - A	Marks
1.	What do you understand by the term 'food groups'?	2
2.	Mention two food items that can be adulterated with Argemone. OR Write two ill effects of consuming metanil yellow.	2
3.	Differentiate between substandard and unsafe food. OR List any two food standards adopted by FSSAI.	2
4.	Mention two nutrients present in energy giving foods like millets and tubers.	2
5.	Name one suitable reagent each to remove paint and coffee stains from silk.	2
6.	Mention any two malpractices adopted by vegetable seller.	2
7.	Suggest two precautions one should take while storing synthetic clothes.	2
	SECTION - B	
8.	Mention any three rules for removing unknown stains?	3

9. Write down any three properties of a non-soapy detergent named Syndets.

3

OR

Preetha took out her woolen clothes from the box. She found them damaged. Give three precautions for storing woolen clothes.

- 10 Make a meal plan for a teenager for a day by including the food items to be served during breakfast, lunch and dinner.

3

SECTION – C

4

- 11 In the system of food grouping, similar food items are placed together. For example, all cereals are similar in their nutrient content and all pulses are also similar in nutrient content. Similarly, milk, egg and flesh foods are comparable, all oils, butter, ghee have similar nutrients. Therefore, if we substitute one food for the other in the same group we will, to a large extent, get the same nutrients.

(a) Give two examples for body building foods

(b) How does food group help in planning a balanced diet (any two points)

- 12 Clean fresh hygienic clothes, spotless and crisp household linen are the outcome of successful laundering or dry-cleaning. Laundry is both a science and an art. It is a science because it is based on application of scientific principles and techniques. It is also an art since its application requires the mastering of certain skills to produce aesthetically pleasing results.

a) Give two examples for oxidizing bleaches.

b) Name two forms in which blue is available in the market?

OR

a) Give two examples for reducing bleaches.

b) Give two guidelines for choosing good laundry soap?

- 13 Food is the basic necessity of life. The food we eat is absorbed by our body and is used to run metabolic processes and sustain life. Food is essential for growth, and various life processes. But, nowadays, you might have seen very thin milk due to mixing with water, white, yellow, or black pebbles in raw pulses, white tiny stones mixed with rice, and so on. Food adulteration has serious effects on our health. Despite various measures taken by the government, spreading awareness about the hazards of food adulteration is a prevalent practice in many countries.

a) Clara noticed the shopkeeper measuring the cloth with substandard scale. Mention any two responsibilities in this context.

b) Name the standard marks given to wheat flour and milk powder.

END OF THE QUESTION PAPER